



Watertown Savings Bank
60 Main St.
Watertown, MA 02472
(617) 928-9000
www.watertownsavings.com

Always an adventure!

Club 50

Volume Issue • April 2014

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The Latest

Be Well ... With Us!

Has it already been a year since coming aboard Club 50? Time does fly when you're having fun ... especially when it's sightseeing in New Orleans, cruising along the Danube, and island-hopping in the Caribbean, as well as seeing all of you on the trips, at the holiday parties, and here in the office!

How to celebrate? Now that it's spring, we decided to try a special healthy treat! At this year's Travel Seminar, the top vote-getter for a seminar topic was Improving Health & Well-Being. We're going to approach your request from two spokes in the hub of good health – **To Your Health: Financial Wellness & Nutritional Wellness** – on **Tuesday, May 6**.

We'll be learning about how to improve our financial health with Kevin Flynn, Regional Vice President, New England, for Nationwide Financial, who will present Planning for Healthcare in Retirement, featuring the retirement income challenge, understanding health care, and creating a plan to address health care costs.

Then we'll get the scoop on how to "invest" in our nutritional wellness with Belinda Gilbertson, RD, LDN, President of Mass Dietetic Services LLC, in Waltham. Belinda is an award-winning Registered Dietitian with over 10 years of experience in health care, nutrition counseling, medical nutrition therapy, public speaking, and program development. She has an unprecedented track record in facilitating the achievement of nutrition and weight management goals of thousands of clients and patients. She is profoundly knowledgeable in the practice of medical nutrition therapy for treating health issues including obesity, diabetes, heart disease, high blood pressure, and eating disorders in people of diverse ages and backgrounds.

A question-and-answer session will follow for each of our speakers. PLEASE NOTE: A reservation is needed to attend, as seating is limited for this seminar, co-sponsored by Club 50 along with Sandy Penchansky, CFP®, Financial Advisor with Infinex Investments, Inc., located at Watertown Savings Bank. So please call me or Karen by April 29, and we'll be happy to provide you with the details. If we receive a huge response, we'll try to do what we do on many of our most-popular trips – so nice we'll have it twice!

Also to add a bit of "health" to your wallet, don't forget that we are offering Club 50-discounted tickets to the Waltham Food & Wine Festival on April 23 and the Taste of the Towns on May 1. Please feel free to call us for that as well.

And this just in – **Senior Movie Day** details! Frank Joyce of Joyce Funeral Home, who sponsors the popular annual event along with Watertown Savings Bank, The Chateau Restaurant, and Mt. Auburn Hospital, has announced that the Jack Lemmon/ Shirley MacLaine/ Fred MacMurray classic *The Apartment* will be presented for free at the Embassy Cinema in Waltham on **Wednesday, May 21**. The movie is at 1 p.m., preceded by entertainment from Bob Vanaria at 12:30 p.m. Also enjoy free refreshments, goodie bags, and raffle prizes! To reserve your seat, call Maura at the Joyce Funeral Home at 781-894-2895 (8:30 a.m.-4:30 p.m. Monday-Friday). Karen and I hope to see you there!

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Club 50

Red Sox Game

RESERVATION FORM: Boston Red Sox vs. Cleveland Indians

1ST DAY OF SIGN UP: FRIDAY, APRIL 18, 2014

Enclosed please find \$_____ per person as payment in full for ___ person(s).

Full payment (\$167 members; \$177 guests) is due at time of reservation. Please make checks payable to: **WATERTOWN SAVINGS BANK**

Name: _____ Phone: _____ E-mail: _____

Address: _____ City: _____ State: _____ Zip: _____

Traveling Companions: _____ Special Requests: _____

Is June your Birthday or Anniversary Month? _____ Birthday: _____ Anniversary

I hereby give permission to Watertown Savings Bank to duplicate and use for advertising purposes, any photographs taken of me on this trip. Watertown Savings Bank Club 50 is organizing this event for its selected customers. The Bank uses experienced tour guides and common carriers. By signing this form you agree to hold Watertown Savings Bank, Club 50, its employees, successors, agents and assigns harmless for all injuries, damages or other losses arising from their participation in this event.

Signature: _____ Date: _____; Signature: _____ Date: _____

Return to:
WATERTOWN SAVINGS BANK
ATT: CONNIE BRACELAND
60 MAIN STREET, WATERTOWN MA 02472

BOSTON RED SOX VS. CLEVELAND INDIANS
DATE: Saturday, June 14, 2014



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Club 50

Trip to Bar Harbor

RESERVATION FORM: Bar Harbor, Maine

Return to: WATERTOWN SAVINGS BANK CLUB 50
 ATT: CONNIE BRACELAND 617-928-2338
 60 MAIN STREET
 WATERTOWN MA 02472

1ST DAY OF SIGN UP: FRIDAY, APRIL 25

BAR HARBOR, MAINE
 TRIP DATE: June 21-23, 2014
 Price: ___ \$545 Double (Guests add \$50)
 ___ \$665 Single

Enclosed please find \$_____ per person as deposit ____; or payment in full for ____ person(s). \$50 deposit due at time of reservation.
 Final payment due May 21, 2014. Please note any health restrictions. Make checks payable to: **WATERTOWN SAVINGS BANK**

Name: _____ Phone: _____ E-mail: _____

Address: _____ City: _____ State: _____ Zip: _____

Traveling Companions: _____ Special Requests: _____

Is June your Birthday or Anniversary Month? _____ Birthday: _____ Anniversary _____

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Signature: _____ Date: _____; Signature: _____ Date: _____

Entrée Choices: Dinner Day 1 — ___ Parmesan Herb Encrusted Chicken OR ___ Grilled Filet Mignon & Pancetta Shrimp
 AND Dinner Day 2 — ___ Lobster OR ___ Steak OR ___ Baked Haddock

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Club 50 Opportunities

Boston Red Sox vs. Cleveland Indians

Date: Saturday, June 14, 2014

First day of Signup: Friday, April 18, 2014

Price: \$167 Members \$177 Guests

Walkability: moderate: ability to walk at a moderate pace and over uneven terrain.

GO SOX!!! We're off to Fenway for our own "double header": First we'll celebrate over 100 years of America's Most Beloved Ballpark by touring Fenway Park, then we will catch the 2014 World Series champs in action for the 4:05 p.m. game – reserved grandstand seating, of course! In between we will lunch at Fire & Ice which includes an all-you-can-eat salad bar, soup bar, unlimited Grill tip experience, unlimited soda, rice, tortillas, dessert, taxes, and gratuities.

Our deluxe Yankee Line motorcoach leaves from the American Legion Post 440, 295 California Street, Newton, at 10:30 a.m., and returns approximately 9 p.m. All taxes and gratuities are included in the trip price.

Cancellation Policy:

Before 5/14/14 — Partial refund, minus ticket price. (If, and only if, we can find someone to take your place on the trip will we be able to grant a full refund during this time.)

On or after 5/14/14— No refund.

Please note: Motorcoach seating is assigned according to the date & time we receive your reservation (excluding accommodations for special needs), starting 8:30 a.m. on the established first date of sign up. Non-members traveling with us must do so as the guest of a current club member. Individuals who require special attention must bring someone to assist them.

A Yankee Line, Inc. acts only as an agent for the various independent suppliers that provide hotel accommodations, transportation, sightseeing, activities, or other services connected with this tour. Such services are subject to the terms and conditions of those suppliers. A Yankee Line, Inc. and their respective employees, agents, representatives, and assigns accept no liability whatsoever for any injury, damages or expenses of any kind due to sickness, weather, strikes, hostilities, wars, terrorist acts, acts of nature, local laws or other such causes. A Yankee Line, Inc. is not responsible for any baggage or personal effects of any individuals participating in the tours/trips arranged by A Yankee Line, Inc.

The reservation form is available on the left column of this page – see Forms.





Club 50 Adventures

**Isabella Stewart Gardner Museum
& The Boston Chocolate Walking Tour
Lunch at Amrheins Restaurant**
Saturday, April 26

North End Boston Food Tour
Thursday, May 8

New York City Overnight featuring *Motown the Musical*
Sunday & Monday, May 18 & 19

Boston Red Sox vs. Cleveland Indians & Fenway Tour
Lunch at FiRE+iCE
Saturday, June 14

Bar Harbor
Saturday-Monday, June 21-23

JFK Library & Odyssey Brunch Cruise
Sunday, July 20

Pops by the Sea in Hyannis
Brunch at Daniel Webster Inn
Sunday, August 10

Kringle Candle Company in Bernardston
Lunch at The Farm Table at Kringle
Tuesday, September 9

Northern California's Finest
September 25-October 4, 2014
SOLD OUT!
SECOND TRIP ADDED! August 14-23 – spaces are available!

**Overnight in Providence for WaterFire
& Pumpkin Spectacular at Roger Williams Park Zoo**
October TBA

**Andrews Sisters Tribute "Letters From Home" (White's of Westport)
& Westport Rivers Winery Tour & Tasting**
Thursday, November 6

Christmas at the Newport Mansions
Lunch at The Mooring on Sayer's Wharf
Sunday, December 14



Save the Date

Bound for Bar Harbor!

Date: Saturday - Monday, June 21-23, 2014

First day of Signup: Friday, April 25, 2014

Price: \$545 Double / \$665 Single

Non-Member: Add \$50 to double

Deposit: \$50

Final Payment Due: May 21

Walkability: slightly strenuous: ability to walk quickly for us to 30 minutes.

We're happy to bring you another "you asked for it, you got it" trip: Ever since our fantastic summer 2008 trek to Bar Harbor, everyone has been asking when we were going to return! So here's your chance to enjoy this beautiful resort area for three days!

Your trip package includes:

- * Oceanfront accommodations for two nights at the Atlantic Oceanside - Bar Harbor, Maine, all rooms have an ocean view!
- * 4 Meals: 2 Full Breakfasts at the hotel and 2 Dinners (Dinner at the hotel Day 1; Lobster bake Day 2 -- please note your dinner choices on the reservation form)
- * Sightseeing in Bar Harbor with a local guide including Acadia National Park and Cadillac Mountain
- * Two-hour, fully narrated cruise of Frenchman Bay, enjoy the breathtaking scenery of coastal Maine, Acadia National Park, the islands of Frenchman Bay and the shoreline of Bar Harbor, including many of the timeless summer mansions, Egg Rock Lighthouse, harbor seals, nesting eagles and other local wildlife
- * Guided tour of Mount Desert Oceanarium & Lobster Hatchery, a fascinating place to visit, providing both education and entertainment
- * Time on own for shopping and browsing in Camden, Maine, on day 1 time for shopping in Bar Harbor on day 2 and Freeport -- home of L.L. Bean and various outlet shops -- on day 3
- * Deluxe Yankee Line motorcoach transportation with on-board refreshments (we will leave at 8 a.m. on Saturday)
- * All necessary taxes, gratuities, and baggage handling (one bag per person)

Cancellation Policy: A full refund is available up to 30 days prior to trip start.

Please note: Motorcoach seating is assigned according to the date & time we receive your reservation (excluding accommodations for special needs), starting 8:30 a.m. on the established first date of sign up. Non-members traveling with us must do so as the guest of a current club member. Individuals who require special attention must bring someone to assist them.

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Featured Photo

Mamma Mia, What a Sunday!

Which one's the "Dancing Queen"? Club 50 kicked up our heels in Providence last month! We had a smooth and sunny ride to the swanky Hotel Providence for a leisurely brunch – where Martha Rotondi (*right, with Gene and Marie O'Brien and Craig Russell*)– jumped at the chance to help the day trip's manager, Ron LeSanto, re-create a few of the steps from his tango at the recent "Dancing with the Stars" benefit for Watertown Education Foundation. Then we headed two blocks over to the Providence Performing Arts Center to enjoy our orchestra seats to the absolutely infectious musical *Mamma Mia!* The dancing ... the vocals ... the comedy ... and those *oufits!* It was a high-energy kick off to our 2014 day trips, and we were happy to be able to do it on a Sunday -- we had fun seeing a lot of our members who aren't available for our weekday trips.

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On the Go & In the Know

Dunkin' Bests Starbucks!

Thank you to all of the Club 50 members who responded to our "What's the Buzz?" question from the March newsletter: In honor of National Caffeine Awareness Month, what's your favorite way of enjoying the perks of caffeine?

The choices and responses were:

1st choice: Brewing a pot of coffee at home (46%)

2nd choice: Stopping at Dunkin' Donuts (36%)

3rd choice: Stopping at Starbucks (18%)

And congratulations to **Maureen M. of Wellesley**, the winner of a **\$25 gift certificate towards a Club 50 trip!**

For this newsletter's question – and your chance at that gift certificate – please respond to the "Preferred Park-ing" survey on the left by May 1.

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